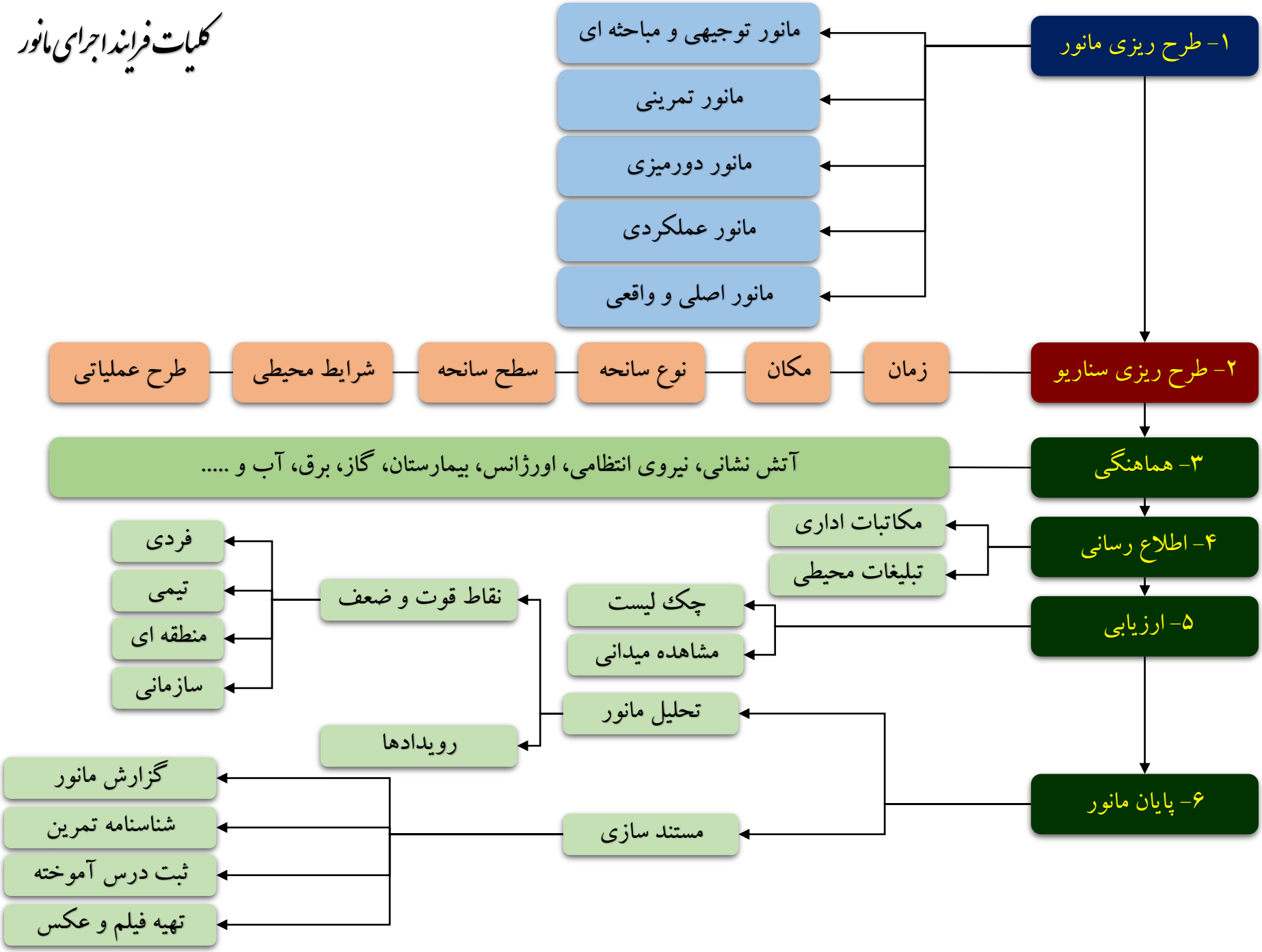کلیات فرایند اجرای مانور